

Parent Information Sheet

Good Afternoon SCSD Parents:

We're excited to kick off the Fall 2024 season!

Schedules:

Practice and games schedule are on our website <https://www.scsdsports.org/>

- Practices will be 1-2 times per week
- Games will be 1-2 times per week as well
- Tryouts 8/26-27
- We release a 2-week Preliminary schedule on Friday 8/30 after tryouts
- Team placement Friday (8/30)
- Game Schedule released by ADAL 9/12
- Full Season Schedule (Practice & Games) released 9/13
- Events are generally Monday - Thursday and 3-8pm (some exceptions apply)
- We do our best to balance available gym/field space among all 15-20 SCSD teams

Tryouts:

| | Tryout Date #1 | Tryout Time #1 | Tryout Location #1 | Tryout Date #2 | Tryout Time #2 | Tryout Location #2 |
|----------------------|----------------|----------------|--------------------|-----------------------------|----------------|--------------------|
| 6th VB | 8/26 | 4:45pm-5:45pm | TL Gym | 8/27 | 4:45pm-5:45pm | CMS Gym |
| 7th VB | 8/26 | 3:45pm-4:45pm | TL Gym | 8/27 | 3:45pm-4:45pm | CMS Gym |
| 8th VB | 8/26 | 3:45pm-4:45pm | CMS Gym | 8/27 | 3:45pm-4:45pm | TL Gym |
| Flag Football | 8/26 | 3:45pm-5:00pm | CMS Field | 8/27 | 3:45pm-5:00pm | TL Field |
| CMS XC | 8/28 | 4:00pm-5:00pm | CMS Blacktop | Practice Begins Week of 9/3 | | |
| TL XC | 8/29 | 4:00pm-5:00pm | TL Blacktop | Practice Begins Week of 9/3 | | |

Volleyball:

- *1 A Team per grade with players from both schools
 - *CMS/TL/CLC combined make up the 7th (of 10) largest school in our league
 - Taking the most experienced players from all 3 schools helps our teams chances in the league
- As many B teams as there are players (between 8-14 per team)

Cross Country:

Cross Country does not have Tryouts

- First 40 people to register (per school-Charter and TL together) for Cross Country will be placed on the team.
- Waitlist created if necessary
- Registration will be opening up at 5:00 PM on Wednesday, August 21st.
- First Practice will be August 28th(Central) and 29th(TL and Charter) from 4:00-5:00 PM

ADAL League:

ADAL League Website can be found here <https://www.teamsideline.com/sites/adal/home>

- League ranges as far north as Half Moon Bay/San Mateo and as far South as Palo Alto
 - Traditionally, each team will play 10 games before the start of playoffs(which will be determined by placement in the league)
 - Standings can be found on the ADAL website
 - Locations of all schools can be found on the ADAL website

Registration:

Registration can be found on our website www.scsdsports.org under the registration tab

- Registration must be completed before they attend any events (games)
- Students cannot be placed on a team unless they are registered
 - The last day to register to be placed on an A team is August 28th
 - If not registered by the 28th then they will be placed on a B team
 - Final day to register regardless of team is August 30th

Medical forms:

Medical Forms can be found on our website www.scsdsports.org under the Medical Forms tab

- MUST BE sent via email with the subject line "Medical forms - CHILD'S NAME"
- Students cannot participate in any games until medical forms are received

Playing Time:

- A team playing time will be focused on being as competitive as possible
- Our goal is that all B team players will have an equal amount of playing time
- All Teams focus on player development through practices and game experiences

Uniforms:

- Uniforms will be distributed at one of the first practices
- If uniform is not returned, a \$50 dollar fee will be charged to the card that was used to purchase registration

TeamSnap:

- All coaches will be utilizing the TeamSnap app
- You will be receiving an invite to join the team after the team placing was announced

If you have any questions please do not hesitate to reach out to us or your coach.

We look forward to a great season!